### PARENT RESOURCES FOR CHILDREN

## Books and Studies for Kids, Teens, and Young Adults

- The Jesus Storybook Bible: Every Story Whispers His Name
- StoryBook Bible Activities
  - You are Special
- Lies Girls Believe (8-12 years)
- Know God: A 28-Day Devotional Experience for Kids
- We Chose You (for adopted children)
- Before You Go: Following Jesus and Growing in Your Faith After High School

### **Spiritual Growth and Parenting**

- Parenting Beyond Your Capacity
- The Parent Cue (Podcast)
- The Whole-Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind
- No-Drama Discipline: The Whole-Brain Way to Calm the Chaos and Nurture Your Child's Developing Mind
- 801 Questions Kids Ask About God: With Answers From the Bible
- Intentional Parenting: Autopilot is for Planes
- Are My Kids on Track?: The 12 Emotional, Social, and Spiritual Milestones Your Child Needs to Reach
- Raising Boys and Girls (Podcast)
- Doing Life with Your Adult Children
- The Power of Showing Up: How Parental Presence Shapes Who Our Kids Become and How Their Brains Get Wired
- Resource for the entire family on physical, social, and emotional well-being
- Faith in an Anxious World: Parenting Podcast (Podcast)

### Death, Loss, Trauma, or Divorce

- Emily Lost Someone She Loved
- God Gave Us Heaven
- If Nathan Were Here (4–8 years)
- It's Okay to Cry
- The Invisible String
- Grief Resources for Children
- A Terrible Thing Happened

#### **Sexual Integrity and Puberty**

- Living in a Gray World: A Christian Teen's Guide to Understanding Homosexuality
- Good Pictures Bad Pictures Jr.: A Simple Plan to Protect Young Minds (3-6 years)
- Good Pictures Bad Pictures: Porn-Proofing Today's Young Kids (7-11-years)
- The Talk: 7 Lessons to Introduce Your Child to Biblical Sexuality (6-10-years)
- Changes: 7 Biblical Lessons to Make Sense of Puberty (8-12 years)
- Relationships: 11 Lessons to Give Kids a Greater Understanding of Biblical Sexuality (11–14 years)
- God Made All of Me: A Book to Help Children Protect Their Bodies (2-7 years)

## **Technology**

- The Tech-Wise Family: Everyday Steps for Putting Technology in Its Proper Place
- Bark App
- My Tech-Wise Life: Growing Up and Making Choices in a World of Devices
- Parenting in a Tech World: A handbook for raising kids in the digital age
- Every Parent's Guide to Navigating our Digital World
- Parent Cue

## **Mental and Emotional Well-being**

- Calming Angry Kids: Help and Hope for Parents in the Whirlwind
- What Am I Feeling?
- Losing It: A Christian Parent's Guide to Overcoming Anger
- The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma
- Resource for the entire family on physical, social, and emotional well-being
- Raising Boys and Girls (Podcast)
  - Raising Emotionally Strong Boys: Tools Your Son Can Build On for Life
- Raising Worry-Free Girls: Helping Your Daughter Feel Braver, Stronger, and Smarter in an Anxious World
- Attachment-Focused Parenting: Effective Strategies to Care for Children
- Family Resource Center for Depression and Mood Disorders Faith in an Anxious World: Parenting (Podcast)

# Miscarriage or Infertility

• Longing for Motherhood: Holding On to Hope in the Midst of Childlessness